

Multinucleate Giant Cells in FNAC of Benign Breast Lesions: Its Significance

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ABSTRACT

Background: Multinucleate giant cells are described in breast aspirates. However, due to its rarity very few cases have been described cytologically. Hence recognition and correct interpretation of their presence is difficult, yet crucial for accurate diagnosis.

Materials and Methods: The prospective study of FNAC (fine needle aspirate cytology) of breast lumps was conducted for a period of six months. Direct smears were prepared from the material aspirated. In case of fluid aspirates, centrifuge done and cell sediment was used for making smears. Smears were alcohol fixed and stained with PAP/H&E or air dried smears were stained with Leishman stain. Further smears were subjected to immunocytochemistry using vimentin and CD34 markers to know the origin of multinucleate giant cells.

Results: We have reported 11 cases of breast lesions, which showed multinucleate giant cells on FNAC. Out of the 11 cases, Cytologically six cases showed granuloma debris with relative proportion of epithelioid histiocytes, lymphocytes, neutrophils and multinucleate giant cells. Two cases were diagnosed as acute suppurative granulomatous mastitis. Two cases of fibroadenoma and one case of fat necrosis showed multinucleate giant cells. Immunocytochemistry showed vimentin positivity in both stromal and histiocytic type of multinucleate giant cells and in isolated histiocytes. CD34 was focally positive in histiocytic type of giant cells.

Conclusion: An effort is made to distinguish between the stromal and histiocytic type giant cells in non-neoplastic breast lesions. Further molecular studies have to be done to know the exact histogenesis and role of these multinucleate giant cells in benign lesions.

Keywords: Breast lesions, Epithelioid histiocytes, Multinucleate giant cells

INTRODUCTION

Multinucleate giant cells in breast tissues were described originally by Rosen [1] in 1979. The multinucleate giant cells have been described in several breast lesions raising an interesting differential diagnosis. It is reported in benign disorders and also occasionally in malignant lesion [2]. A few studies have reported the presence of the giant cells in fibroepithelial lesions of breast [3]. The presence of multinucleate giant cells did not appear to be a risk factor for breast cancer. Due to its rarity very few articles are published in the English literature [2]. Recognition and correct interpretation of multinucleate giant cells is necessary and crucial for accurate diagnosis. Incorrect interpretation of these unusual cells as malignant cells can lead to misdiagnosis and could potentially lead to inappropriate treatment [2].

MATERIALS AND METHODS

A prospective study of 11 cases of FNAC (fine needle aspiration cytology) of breast lumps was done in ESIC Medical College & Post Graduate Institute of Medical Sciences and Research, Bangalore, from July 2013 to December 2013. Clinical details regarding age, symptoms, size of the lesion and lymph node involvement was noted in all cases [Table/Fig-1]. FNAC was performed by pathologists using 22 gauge needles and 10 ml syringes. FNAC was done by conventional procedure. Direct smears were made from the material aspirated. In some cases where fluid was aspirated, the fluid was subjected to cytospin (thermoscientific) at a speed of 600 rpm (revolution per minute) for 5 min and smears were prepared. Two smears from each case were fixed in 95% isopropyl alcohol and were stained with PAP (Papanicolaou stain) and H & E (Hematoxylin & Eosin). One smear from each case was air dried and stained with Leishman stain. AFB (acid fast bacilli) stain was done in all cases of cytologically diagnosed as granulomatous mastitis and acute suppurative granulomatous mastitis. Two smears in each case were screened with Toluidine blue stain for presence of multinucleated

giant cells, fixed with 95% isopropyl alcohol and subjected to immunocytochemistry for vimentin(vimentin 6 ml, Rabbit, clone SP20 Ref:A00105, Lot-23526 SCYTEK Laboratories, Logan Utah USA) and CD34 (Endothelial cell, 6 ml, Mouse, Clone QBEnd/10 Ref-A00070, Lot-23384 SCYTEK Laboratories, Logan Utah USA). Standard Protocol for immunocytochemistry is explained in brief. Firstly the slide was washed in TRIS buffered saline, 10 min each for three changes. Then the slide was treated with 3% hydrogen peroxide methanol for 10 min, then again washed in TBS, followed by protein blocking for 10 min. Then it was incubated with primary antibody at room temperature for one hour. It was then washed in TBS. Then post primary blocking was done for 30 min. The slides were washed in TBS. Then it was treated with Polymer for 30 min, which was followed by washing in TBS. Then it was treated in with DAB-chromogen for 5-10 min (till appearance of brown colour). The after washing in distilled water, counter staining was done with haematoxylin for 1 min. Finally, it was washed under running tap water followed by graded dehydration in alcohol, cleared in xylene and mounted with DPX. Only the breast aspirates having multinucleate giant cells were considered for the study which included infections/inflammatory and benign lesions. Malignant lesions were excluded. Stromal type multinucleate giant cells were differentiated from histiocytic type multinucleate giant cells cytomorphologically. Multinucleated giant cells with ill-defined cell border, vacuolated/foamy cytoplasm and vesicular nucleus with prominent nucleoli were considered as histiocytic type multinucleate giant cells. Multinucleated giant cells with definite cell border, homogenous cytoplasm with bland nucleus were considered as stromal type multinucleated giant cells. Langhan's type of giant cells was also considered. Vimentin was used as marker for stromal type multinucleated giant cells and CD34 for histiocytic type multinucleated giant cells. In all cases various cytological parameters like the presence of stromal type multinucleate giant cells, histiocytic

type multinucleate giant cells, epithelioid cells, necrosis, inflammatory cells and duct epithelial cells were evaluated [Table/Fig-2]. Cases with granulomatous component along with dense neutrophils were classified as acute suppurative granulomatous mastitis. AFB stain was done in all cases of granulomatous mastitis and acute suppurative granulomatous mastitis. Radiological findings, culture of the aspirate and histopathology of the lesion was considered in the available cases.

RESULTS

Here, we report 11 cases of breast lesions which showed multinucleate giant cells on FNAC. Ten of these cases were females and one was a male patient. Age of the patients ranged from 20-50 y. Nine cases presented with unilateral lesion and three cases have bilateral breast lesion. The size of the lesion in most of the cases varied from 3-6 cm [Table/Fig-1]. One case was clinically diagnosed as carcinoma. Later, it was diagnosed as granulomatous mastitis. Radiology findings and culture reports were available in only two cases. Culture sent for mycobacterium bacilli was negative in both the cases. Ultrasonography of one case was reported as suggestive of suspicious lesion, ACR BIRADS category 4- low grade suspicious lesion. Another case showed sonological features suggestive of breast abscess with possibility of infective aetiology. Regional lymphadenopathy was not present in any of these cases. Cytologically six cases showed granuloma debris with relative proportion of

component cells including epithelioid histiocytes, lymphocytes, neutrophils and multinucleate giant cells. The number of nucleus in these multinucleate giant cells ranged from 5-15. They were arranged irregularly or occasionally in a horse shoe manner [Table/Fig-3-6]. In our series well-formed granuloma's were not present in any of the cases but most cases showed epithelioid histiocytes and multinucleate giant cells. So, a diagnosis of granulomatous mastitis was given. Two cases with granulomatous component also showed acute suppurative inflammation composed of dense polymorphs, these cases were diagnosed as acute suppurative granulomatous mastitis. AFB was negative in all the cases. Stromal type giant cells were present in two cases of fibroadenoma [Table/Fig-7]. One case of fat necrosis showed histiocytic type multinucleate giant cells [Table/Fig-2]. Immunocytochemistry showed vimentin positivity in both stromal and histiocytic type of multinucleate giant cells and in isolated histiocytes. CD34 was focally positive in histiocytic type of giant cells [Table/Fig-8&9]. Histopathology of two cases turned out to be fibrocystic disease with tubular adenosis and fibroadenoma. Remaining cases were lost for followup.

DISCUSSION

FNAC breast is a safe OPD procedure with a sensitivity of 96% and specificity of 100% in identifying benign and malignant lesions. FNAC diagnosis of inflammatory breast lesion is a useful tool in directing management and treatment of the patient and avoiding

Case No.	Age yrs	Sex M/F	O/E			C P D	FNAC D	HPE	ICC
			R/L	S	N				
1	20	F	B/L	2x2	WD	FA	GM	FCD with TA	Vimentin +ve CD34 focal +ve
2	50	F	R	2x2	ID	Carcinoma	GM	-	Vimentin +ve CD34 focal +ve
3	35	F	L	3X2	WD	Fibroadenosis	GM	-	Vimentin +ve CD34 focal +ve
4	23	F	B/L	3X2	ID	Fibroadenosis	GM		Vimentin +ve CD34 focal +ve
5	29	F	B/L	2X1	WD	Benign breast lesion	RT-GM LT-BBL	B/L FA	Vimentin +ve CD34 focal +ve
6	40	F	L	5X3	ID	Benign breast lesion	GM		Vimentin +ve CD34 focal +ve
7	49	F	L	3x2	ID	Benign breast lesion	ASGM		Vimentin +ve CD34 focal +ve
8	42	M	L	3x2	ID	Mastitis	ASGM		Vimentin +ve CD34 focal +ve
9	28	F	L	2x2	WD	FA	FA		Vimentin +ve CD34-ve
10	32	F	R	3x2	WD	FA	FA		Vimentin +ve CD34-ve
11	43	F	L	3x1	ID	Benign breast lesion	FN		Vimentin +ve CD34-ve

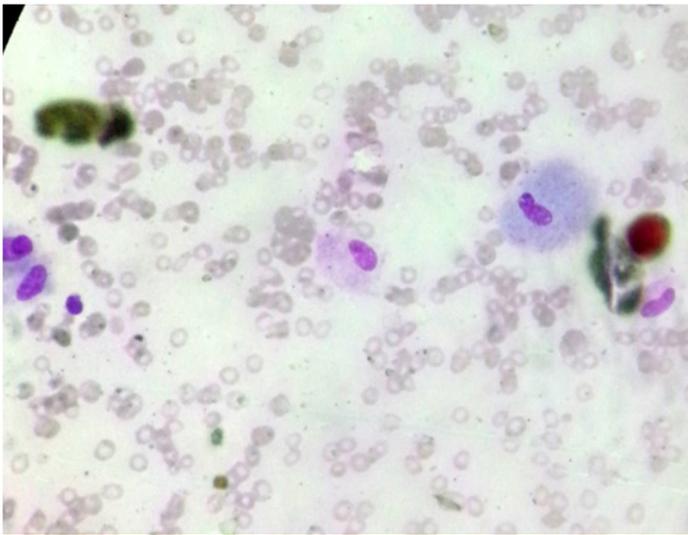
[Table/Fig-1]: Clinicopathologic spectrum of cases with breast lesions

M: male, F: female, O/E: on examination, WD: well defined, ID: ill defined, FA: fibroadenoma, ASGM: acute suppurative granulomatous mastitis, FN: fat necrosis, R: right, L: left, FN: fat necrosis

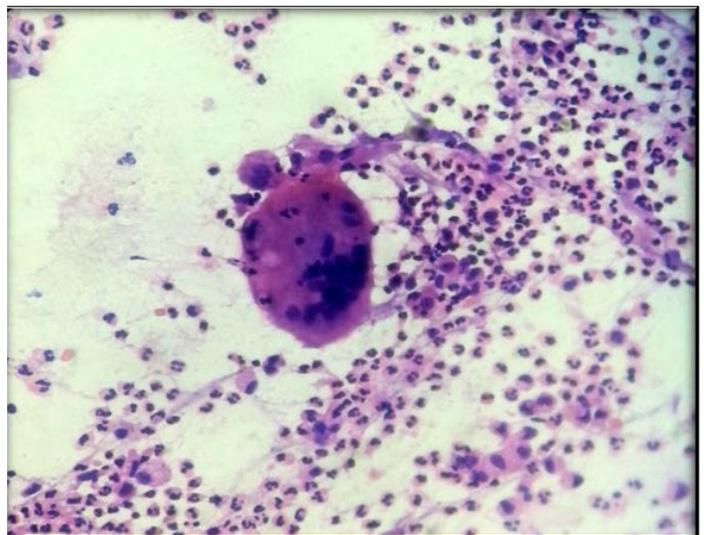
CN	MNGC	EH	N, L, P	Necrosis	Duct epithelial	AFB	Diagnosis
1	Histiocytic type	A	L	A	P	A	GM
2	Histiocytic type	P	L	A	A	A	GM
3	Histiocytic type	P, TB	L, P	A	P	A	ASGM
4	Stromal type	N	-	A	P	A	FA
5	Histiocytic type, FB Type	P	L, P	Focal P	P	A	ASGM
6	Histiocytic type	P	N	P	A	A	FN
7	FB, Langerhans	P	N	P	A	A	ASGM
8	Histiocytic type	P	N	P	P	A	GM
9	Histiocytic type	P	N	A	P	A	ASGM
10	Histiocytic type/stromal type	P	NIL	A	P	A	FA
11	Histiocytic type	P	NIL	A	P	A	FA

[Table/Fig-2]: Cytology findings in breast lesions with multinucleate giant cells on FNAC

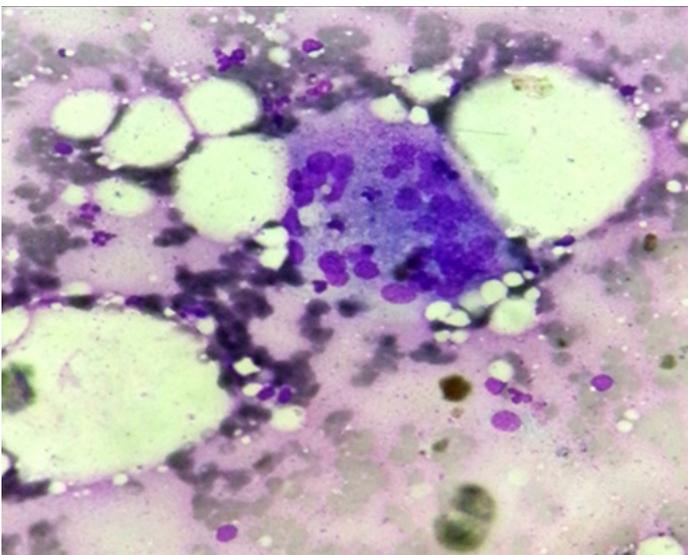
MNGC: multinucleate giant cells, EH: Epithelioid histiocytes, N: neutrophils, L: lymphocytes, P: plasma cells, AFB: Acid fast bacilli, GM: granulomatous mastitis, A: absent, P: present, ASGM: acute suppurative granulomatous mastitis, FN: Fat necrosis



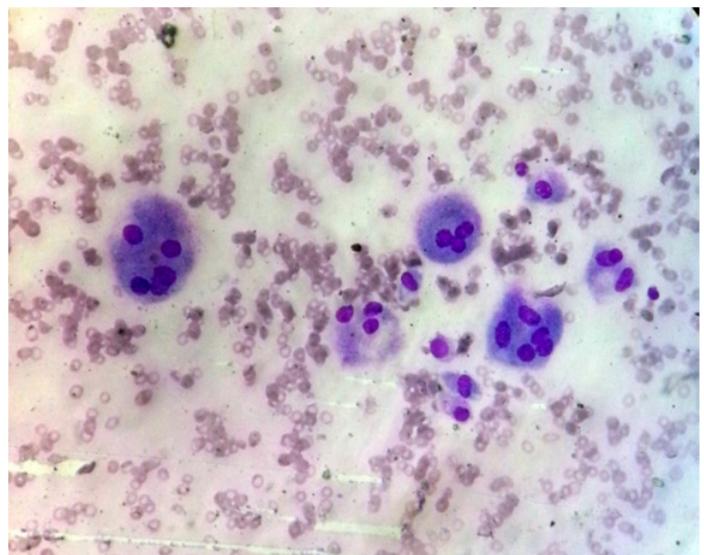
[Table/Fig-3]: Microphotograph of leishman stained smear showing scattered epithelioid histiocytes in a background of erythrocytes and lipid



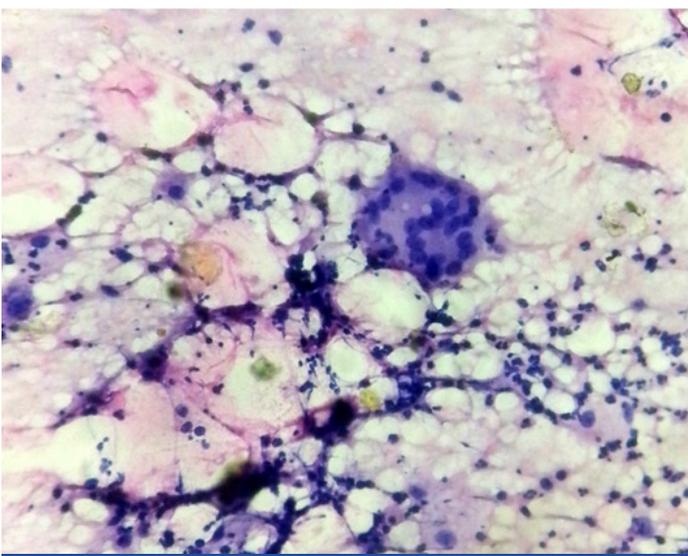
[Table/Fig-6]: Microphotograph of leishman stained smear shows langhans type of multinucleate giant cells in a background of dense polymorphs



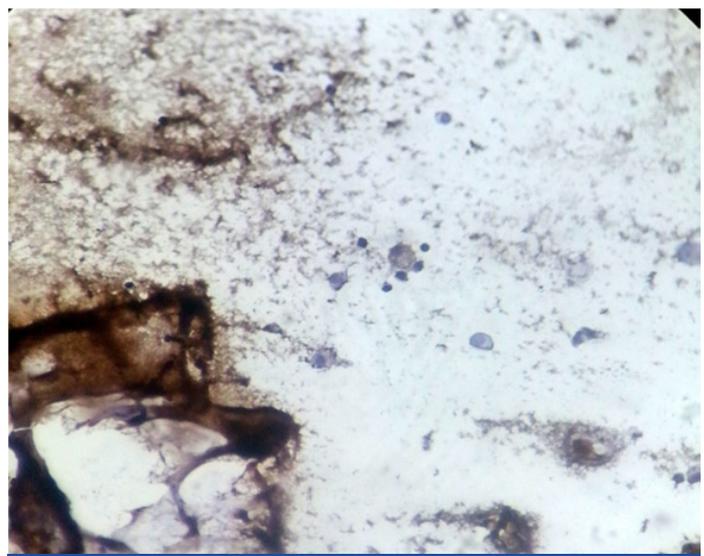
[Table/Fig-4]: Microphotograph of leishman stained smear showing histiocytic type of multinucleate giant cells surrounded by few lymphocytes



[Table/Fig-7]: Microphotograph of leishman stained smear shows scattered stromal type of multinucleate giant cells



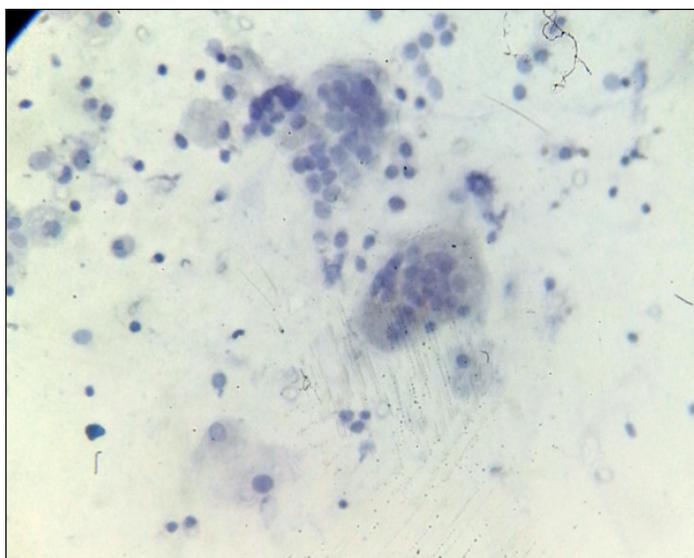
[Table/Fig-5]: Microphotograph of leishman stained smear showing histiocytic type of multinucleate giant cell surrounded by polymorphs and lymphocytes



[Table/Fig-8]: Microphotograph of Vimentin stained smear shows positivity in stromal type of multinucleate giant cells

unnecessary surgeries. Cytological findings correlated with microbiological cultures gives better results. Multinucleate stromal giant cells have been infrequently described in a number of benign and malignant breast lesions, including fibroepithelial lesions [1].

Due to its rarity only a few cases of multinucleate giant cells have been reported cytologically. The histogenesis of multinucleate giant cells remains obscure and controversial, with several conflicting reports in literature the most consistent finding with IHC studies is



[Table/Fig-9]: Microphotograph of CD34 stained smear show focal positivity in histiocytic type of multinucleate giant cell

multinucleate giant cell stain strongly positive for vimentin which is one of the type 2 IF protein in the cyokeratin and is known to play a significant role in maintaining cell shape integrity of the cytoplasm and stabilizing cytoskeletal interaction. Lei and Gilcrease [4] who reported on the histopathological and IHC features of breast spindle cell tumours suggested that vimentin, and CD34, was positive in fibroblast of mammary stroma which could be the result of differentiation from pluripotent mesenchymal precursor cell with a potential to differentiate towards several mesenchymal cell lines. Multinucleate stromal giant cells show inconsistent focal positive staining with histiocytic markers such as alpha 1 anti-trypsin, HAM 56, CD 34, and CD 68. These markers of histiocyte differentiation more consistently found positive in osteoclast like giant cells [5]. In our study vimentin was positive in all stromal and histiocytic multinucleate giant cells and CD34 showed focal positivity for histiocytic multinucleate giant cells.

The causes of granulomatous mastitis includes TB, fungus, aspergillus, blastomycosis, coccidioidomycosis, histoplasmosis, actinomyces, Cat scratch disease, foreign bodies (including suture and silicone injection or leaking breast implants), subareolar abscess, duct ectasia, and idiopathic causes. The cytological diagnosis of granulomatous mastitis is difficult because the features overlap with other aetiologies including tuberculosis. Tse et al., [6] have described granulomatous mastitis cytologically in cases having predominantly neutrophils and epithelioid histiocytes even in the absence of characteristic features of granulomas and necrosis.

Multinucleate giant cells engulfing lipid has been described in fat necrosis of breast. Cytomorphology showed histiocytes and multinucleate giant cells. The degenerated RBCs conglomerate in the setting of high levels of free fat released by the necrotic adipocytes. These conglomerations are referred to as "mysospherulosis", which is characteristic of fat necrosis on cytology. In the late stage of fat necrosis, usually hemosiderin deposition and the development of fibrosis is seen. We present one case of fat necrosis with numerous multinucleate giant cells [7].

Breast tuberculosis should be considered in the differential diagnosis of granulomatous mastitis in Indian scenario. Breast is considered to be a rare sight of extra-pulmonary mycobacterial infection, comprising 0.1 % of all tuberculosis cases. FNAC establishes the diagnosis in most cases. Khanna et al., reported a success rate of 100% in his series while Khakker et al., reported a success rate of 73% and stated that FNAC diagnosis rest on cytological findings of granuloma having multinucleate giant cells with or without demonstrable AFB organisms. TB mastitis can be associated with acute inflammation, particularly early in the course of disease; therefore part of the aspirate should be cultured for TB [8]. However, in our series the sample was sent for culture in two cases and they were negative.

Multinucleate stromal giant cells are rarely identified in fine needle aspiration of fibroadenoma. Recognition of this peculiar finding may help to avoid misdiagnosis of other sinister conditions, such as phyllodes tumour and metaplastic carcinoma [9]. The typical benign cytoarchitecture of a fibroadenoma in a back ground of naked multinucleate cells indicate the benign nature of the lesion. We present two cases of fibroadenoma with stromal multinucleate giant cells.

FNAC is a well established method for the diagnosis of breast lesions in males also. However, little attention has been focused on inflammatory lesion in male's. Silverman et al., [10] and Lopez et al., [11] have reported one and two cases of subareolar abscess respectively. In our series only one case presented with features of acute suppurative granulomatous mastitis in male.

CONCLUSION

Multinucleate giant cells are found in inflammatory, benign and malignant breast lesions. An attempt is made to study various types of multinucleate giant cells on cytology which facilitate accurate diagnosis and appropriate management of the patient. A distinction should be made between the stromal giant cells and those of histiocytic origin to know and think about their histogenesis and role in these lesions. Further molecular studies have to confirm these findings.

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