Case Report

A 31-year-old male presented with a painless swelling in the anterior abdominal wall since eight months. On examination, the nodule was hard, freely mobile and measured 0.5x0.5 cms in size. FNAC was performed as per the standard technique using 23 gauze needle. The Giemsa stained smears were moderately cellular, showed tissue fragments, small clusters, focal glandular arrangement and few singly dispersed small cells in a hemorrhagic background. The cells were round to ovoid with high nuclear cytoplasmic (N:C) ratio, scant basophilic cytoplasm and finely dispersed chromatin and small inconspicuous nucleoli [Table/Fig-1]. There was no mitosis or necrosis. Based on these features, a possibility of metastatic adenocarcinoma (MC) was suggested.

Patient was investigated further, however no evidence of primary elsewhere was found. Wide local excision of the nodule was performed, a skin covered mass measuring 2x1x0.8cm was received. Histological sections revealed sheets of ghost cells with many foreign body giant cells (FBGC). At the periphery of these, few small basaloid cells were noted [Table/Fig-2a,b]. Histological features were diagnostic of a pilomatrixoma. FNA smears were reviewed after histological diagnosis; the small cells in clusters and acinar pattern in smears were the basaloid cells seen in sections and were misinterpreted as MC. Moreover, interestingly; only one of the multiple smears showed occasional mature squamous cell and focal calcification, suggestive of squamous differentiation compatible with pilomatrixoma [Table/Fig-2c,d].

Discussion

Pilomatrixoma most commonly occurs in head and neck region and rarely at other sites (upper extremity, trunk and lower extremities) [1-3]. In a recent study on 25 cases of pilomatrixoma, most cases were in head and neck region and none in the abdominal wall [4]. Clinically, it is asymptomatic, deep seated, firm, subcutaneous mass adherent to the skin, range 0.5- 3 cms in size and rarely as large as five cms [5].

The clinical differential diagnosis of pilomatrixomas usually includes sebaceous cyst, ossifying haematoma, giant cell tumour, dermoid cyst, chondroma, degenerating fibroxanthoma, foreign body reaction, and osteoma cutis.

Histological features of pilomatrixoma show two types of epithelial cells: small basaloid cells and eosinophilic shadow or ghost cells without nuclei [3]. Early lesions show predominantly basaloid cells in islands. As the lesions mature, the basophilic cells acquire more cytoplasm and lose their nuclei to become ghost cells which may calcify subsequently.

The cytological diagnosis does not pose any difficulty in presence of characteristic morphology as in histopathology (basaloid cells, ghost cells, FBGC and calcification) [6,7]. But all these features may not be present in smears always, and may lead to diagnostic dilemma. It is often misdiagnosed on cytology. In the series by Ieni et al, less than 50% of cases were diagnosed correctly on cytology; remaining being misdiagnosed as round cell tumour, epidermal inclusion cyst and squamous epithelial tumour [Table/Fig-3] [4]. Smears showing predominantly basaloid cells have been often misdiagnosed as malignancy, because of their high N:C ratio, hyperchromatic nucleus and prominent nucleolus. On the other hand the lesions with predominance of squamous cells, ghost cells, and FBGC can be misdiagnosed as squamous cell carcinoma (SCC). Also the background of cell debris may be misinterpreted as tumour diatheses. Such cases have been in the past mistaken for SCC, basal cell carcinoma, MC, mucoepidermoid carcinoma or malignant appendageal tumour [6-10] [Table/Fig-3]. Ghost-cell rich smears mimic epidermal inclusion cyst or giant cell lesions [3,4].
In the present case, there was a gap of about one month between the FNAC and excisional biopsy. This may be the reason for the discordance between the cytological and histopathological features, as pilomatrixoma is known to mature over time. In addition, sampling error with limited morphology may have caused the misinterpretation. However, despite the site being atypical, the long history of eight months and the young age should have been considered against the diagnosis of MC on FNAC.

Treatment is surgical resection with wide margins of 1–2 cm to minimize the risk of local recurrence. Recurrences after surgery are rare, with an incidence of 0% to 3% [11]. Pilomatrixoma being a benign lesion has a good prognosis.

CONCLUSION

To conclude, the cytopathologist should be aware of this benign epithelial lesion commonly misinterpreted as malignant. Possibility of pilomatrixoma should always be considered while reporting cytological smears from any subcutaneous swelling so as to avoid misdiagnosis and undue stress to the patient. A meticulous screening for mature squamous cells can help in clinching the diagnosis. Definitive diagnosis on FNAC is crucial and prevents unnecessary investigations and radical surgery.

REFERENCES


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