

Treatment of an Adult with Skeletal Class III and A Hemimandibular Elongation A Multidisciplinary Approach

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Keywords: Bilateral sagittal split osteotomy, Decompensation, Facial asymmetry, Hemimandibular elongation

An adult male patient aged 21-year-old reported with the chief complaint of forwardly placed chin and deviation of chin towards the left side. The patient had an asymmetric face (shifted to left) with leptosoprosopic face form. On profile examination patient had a mild concave profile. The facial midline was not coincident with dental midline as chin was deviated towards left [Table/Fig-1]. Class III molar and canine relationship on right side and Class I molar, canine relation on left side was seen. There was an edge overbite and overjet [Table/Fig-1].

Diagnosis: Skeletal Class III malocclusion with vertical growth pattern. Angle's Class III, sub division on left side.

Treatment plan: A comprehensive treatment plan involving pre-surgical orthodontics followed by Bilateral Sagittal Split Osteotomy (BSSO) to perform asymmetrical setback with more orientation to the right side in order to correct the shift of lower jaw midline.

Pre-surgical orthodontics: An MBT 0.022" x 0.028" prescription was bonded to both upper and lower arch. Lower single tooth (lower right incisor) extraction for resolving lower anterior crowding along with upper arch expansion was done as the upper arch was constricted. The upper and lower arches were aligned, leveled and were stabilized with 0.021" x 0.025" in stainless steel wire presurgically [Table/Fig-2].

Cephalometric prediction and mock surgery: Cast prediction or model surgery and fabrication of occlusal splints for use at

surgery were planned. The lower dental cast was repositioned simulating the movement of the jaws for which the guide was manual prediction. [Table/Fig-3a,3b].

Surgical procedure: BSSO was performed successfully, with 6mm of mandibular setback on right and 2mm on left side for correction of the mandibular shift, thereby improving facial and dental symmetry [Table/Fig-3c]. Rigid type fixations were used in both jaws using four-hole manipulates and screw on both sides [Table/Fig-3d].

Post-surgical orthodontics: Post-surgical orthodontic phase was done four weeks after surgery for achieving optimum teeth intercuspation with the opposing dentition by segmental settling inter-maxillary elastics.

Results: The profile of the patient improved, facial asymmetry was resolved [Table/Fig-4-6], Class I molar and canine relationship with optimum overjet and overbite was achieved.

DISCUSSION

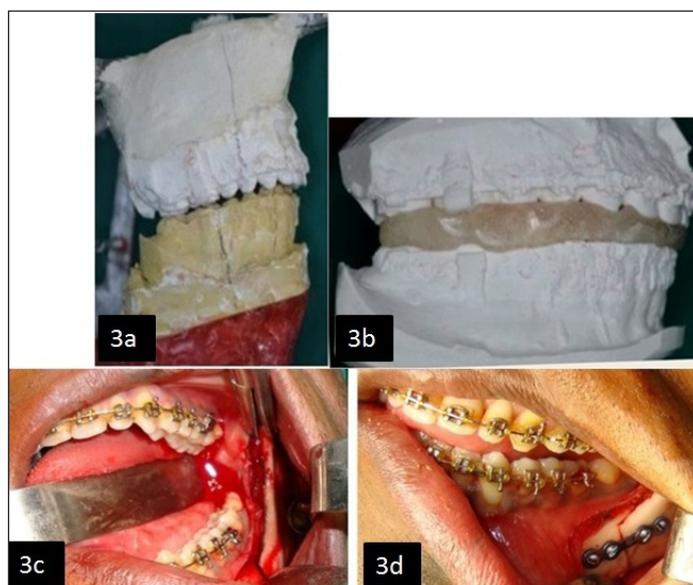
Class III malocclusion is one of the most difficult orthodontic condition to be treated [1]. Achieving objectives and treatment outcome of planned surgical orthodontic therapy requires multidisciplinary team approach [2]. The components involved are maxillary retrognathism, mandibular prognathism or combination of both. Class III asymmetry with mandibular component involved may be due to hemi-mandibular elongation (horizontal enlargement) or hemi-mandibular hyperplasia (vertical elongation) [3].



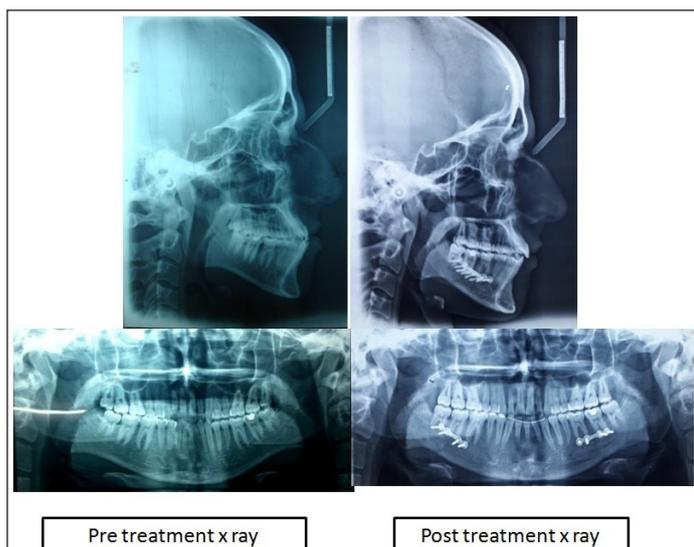
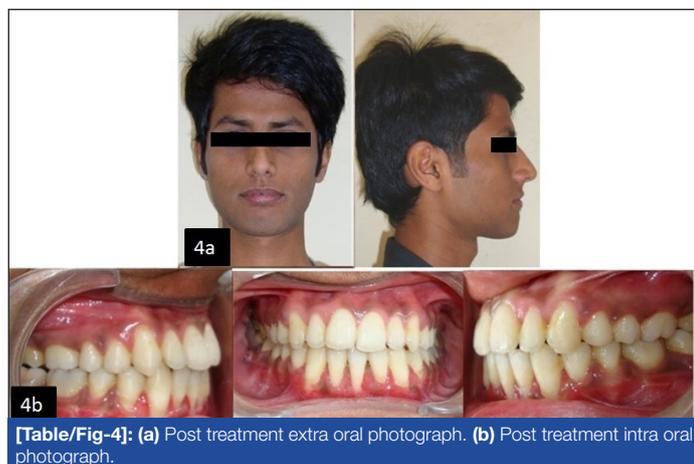
[Table/Fig-1]: (a) Pre treatment extra oral photograph. (b): Pre treatment intra oral photograph.



[Table/Fig-2]: Pre surgical photographs.



[Table/Fig-3]: (a) Mock surgery. (b) Splint preparation. (c) BSSO surgery. (d) Rigid fixation using mini plates.



In the present case lower right incisor was extracted for alignment of lower arch. Matsumoto et al., stated extracting lower incisor tooth extraction as a viable treatment option in cases with malocclusions that tend towards a Class III malocclusion [4].

Variables	Pre treatment	Pre surgical	Current
SNA	79°	79°	79°
SNB	78°	78°	76°
SND	76°	76°	74°
Effective mandibular length	123mm	123mm	121mm
Go-Pog	81mm	81mm	79mm
ANB	1°	1°	3°
Go-Gn to SN	37°	38°	37°
FMA	30°	31°	30°
U1 to SN	110°	108°	108°
1 to NA(angular)	30°	26°	26°
1 to NA(mm)	6mm	5mm	5mm
IMPA	106°	98°	96°
1 to NB(angular)	38°	33°	31°
1 to NB(mm)	8mm	6mm	5mm
E line (-4/-2)mm	-7/-2mm	-6/-2mm	-6/-3mm

[Table/Fig-6]: Correction of asymmetry.

In this case manual predictions were employed at the end of pre-surgical phase. Post-surgical orthodontics was done in this case primarily for finalization of the occlusion and retention. The duration of the final orthodontic phase depends on the degree of intercuspation in pre-surgical phase of treatment. In order to attain long term stability for the results achieved in complex malocclusion such as Class III, the final occlusion achieved (intercuspation) post surgically and the occlusal stability acts as a retention factor i.e., a good dental retention will have a long term effect on stability of the results achieved.

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FINANCIAL OR OTHER COMPETING INTERESTS: None.

Date of Submission: **Mar 12, 2016**
Date of Peer Review: **May 26, 2016**
Date of Acceptance: **May 31, 2016**
Date of Publishing: **Sep 01, 2016**