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Ophthalmology Section

# Granulocytic Sarcoma in an Adult with Relapsed Acute Myeloid Leukaemia

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## **ABSTRACT**

Granulocytic sarcoma is an extramedullary tumour consisting of malignant granulocytic precursor cells that is common among children with acute myeloid leukaemia (AML). We report a case of orbital granulocytic sarcoma in an adult with relapsed undifferentiated AML–M0. It presented as bilateral medial canthal swellings. An incisional biopsy confirmed the diagnosis of granulocytic sarcoma. The swelling resolved with re-induction chemotherapy.

Keywords: AML-M0 subtype, Extramedullary tumour, Myeloid sarcoma, Orbital mass

# **CASE REPORT**

A 40-year-old male with a past history of undifferentiated acute myeloid leukaemia (AML-M0) presented with gradually increasing bilateral medial canthal swellings for one month [Table/Fig-1].

On examination, his best corrected visual acuity was 6/6, J1 in both eyes. The medial canthal swelling was bilateral, firm, erythaematous and non-tender measuring 10x5 mm in the right and 13x6 mm in the left eye. The anterior and posterior segment eye examination was otherwise unremarkable. Systemic examination was normal.

Computerised tomography scan of the orbit showed bilateral, symmetrical, enhancing soft tissue mass measuring 24x17x30 mm on the left and 21x17x26 mm on the right in the antero-medial aspect of the orbit [Table/Fig-2].

The biopsy sample consisted of a circumscribed greyish white firm nodule. Histopathological examination showed conjunctival epithelium with a subepithelial circumscribed cellular tumour composed of closely packed sheets of mitotically active medium-sized polygonal cells with moderately pleomorphic oval to irregular nuclei with dispersed chromatin, small nucleoli and scanty to vacuolated cytoplasm. There were no areas of necrosis or haemorrhage.



[Table/Fig-1]: Swelling along medial canthal region

The tumour cells were immunopositive for CD34 and CD43 and negative for myeloperoxidase (MPO) [Table/Fig-3], consistent with granulocytic sarcoma (GS). Cerebrospinal fluid analysis was normal, but bone marrow biopsy showed 20% blasts signifying concurrent medullary relapse.

Patient was referred to haematology department and re-induction chemotherapy was started with cytosine and idarubicin for six days followed by high dose cytosine arabinoside. Stem cell transplantation was considered due to the extramedullary relapse of AML. With reinduction chemotherapy, he attained complete remission of AML along with regression of the swelling. However, after 3 months of treatment, while awaiting stem cell transplantation, patient died of a cardiac arrest.

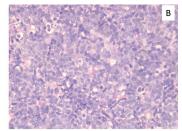
## DISCUSSION

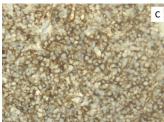
Granulocytic sarcoma was first described by Allen Burns in 1881, and its association with AML in 1893 [1]. It occurs in 3-9% of patients with AML, either co-existent or prior to the onset of bone marrow leukaemia [2], and is common among children and adolescents.



[Table/Fig-2]: CT orbit axial view showing bilateral, symmetrical, enhancing soft tissue mass in antero-medial aspect of the orbit (white arrows)









[Table/Fig-3]: Photomicrograph illustrating: a) circumscribed tumor beneath the epithelium (H&E x100); b) high power view of the same with sheets of mitotically active medium sized polygonal cells with moderately pleomorphic oval to irregular nuclei with dispersed chromatin, small nucleoli and scanty to vacuolated cytoplasm (H&E x400); c)Immunopositivity for CD34 [x400]; d) Immunopositivity for CD43 [x400].

Myeloid sarcomas are most common in certain subtypes of AML, viz. M5a (monoblastic), M5b (monocytic), M4 (myelomonocytic), and M2 (myeloblastic with maturation) [3]. The orbit is one among the various locations where GS can initially manifest [4]. Other ocular manifestations are ptosis, lacrimal gland involvement, conjunctival mass or diffuse uveal involvement [5]. Orbital involvement may occur many years after remission, either unilaterally or bilaterally [6].

GS or chloroma represents an extramedullary mass of myeloblasts in the myelodysplastic syndromes [1]. The greenish coloration of this lesion is attributed to the MPO in the cells of granulocytic lineage. In these lesions the normal haematopoietic progenitor cells bind to bone marrow stroma and begin to proliferate and differentiate, while in vitro they bind to skin fibroblasts. Binding of these cells to the fibroblasts localized in non-haematopoietic tissues may result in the formation of extramedullary myeloid metaplasia [5]. Myeloid leukaemia associated with GS has a worse prognosis than leukaemia presenting alone [7]. Though our patient was in remission, he had bilateral medial canthal swelling initially which on biopsy proved to be extramedullary relapse. Bone marrow tests showed a concurrent medullary relapse.

The diagnosis of AML is established by morphologic examination of the bone marrow aspirate which shows 30% or more blasts relative to all nucleated marrow cells and cytochemical stains which are positive for MPO or alpha naphthyl butyrate esterase activity [4]. The most common marker expressed is CD68-KP1 [8]. Other typical immunochemistry markers seen are CD43, CD20 MPO, CD68, CD117, CD3 and lysozyme [1]. Cells that contain lysozyme are identified by immunohistochemical stain which utilizes antilysozyme antibody [4]. In our case CD34 and CD43 was positive but was negative for MPO.

GS is seen in certain subtypes of AML, in particular M5a, M5b, M4, and M2 of AML [9]. M4 and M5 subtypes are associated with a poor prognosis [10]. Minimally differentiated AML (AML-M0) is one among the eight recognized French-American-British subtypes accounting for less than 3% of AML. Even though GS in the oral cavity has been reported in AML-M0 subtype [11], GS has not been reported earlier with orbital involvement. We report a rare case of GS in AML-M0 with extramedullary relapse.

## CONCLUSION

Granulocytic sarcoma should be considered in the differential diagnosis of adults with AML with orbital or conjunctival swelling, even if in remission. An early biopsy to confirm the diagnosis and referral to the haematologist for re-induction chemotherapy is warranted.

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